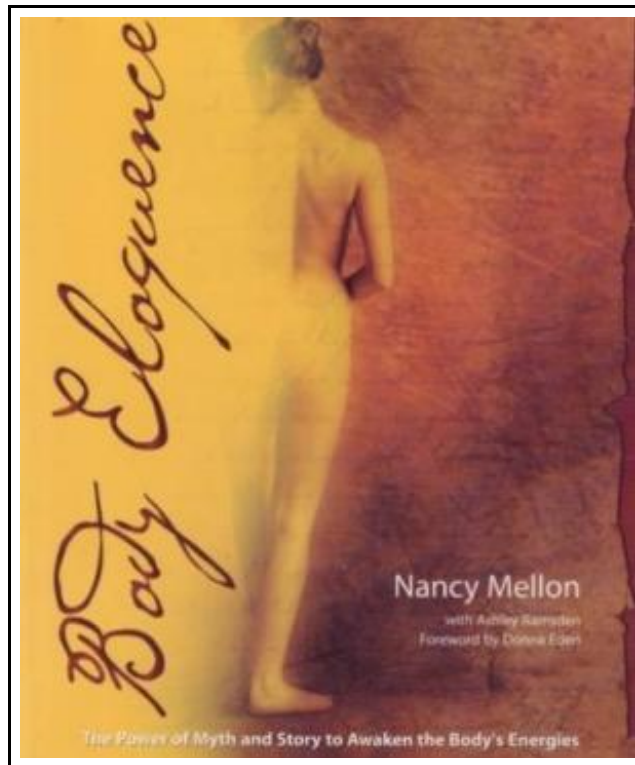


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BODY ELOQUENCE: THE POWER OF MYTH AND STORY TO AWAKEN THE BODY'S ENERGIES



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Energy Psychology Press. Paperback. Book Condition: new. BRAND NEW, Body Eloquence: The Power of Myth and Story to Awaken the Body's Energies, Nancy Mellon, Ashley Ramsden, Donna Eden, Have you ever had an ache or pain, and wished your body could talk to you and tell you what was wrong? You are not alone! Master storyteller Nancy Mellon has guided scores of people through the process of giving their bodies a voice. Drawing from mythology, medicine, biology and energetic healing, she finds the essential stories that characterise each organ of the human body, and trains us how to use these resources to identify the messages that our organs are communicating to us. The heart, for instance, is not just a durable pump, sending oxygenated blood to every cell. It's also a representation of goodwill; a heart-to-heart connection, or an open-hearted friend, are universal stories we can all identify. But a hard-hearted person is one we all avoid. These archetypes are found in mythologies from Native American traditions to Scandinavian tribes to Greek history, and are woven together in a fascinating matrix in this book, showing how our organs are part of our psyche, our history, and our collective mythology.



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