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A Drug-Free Approach to Healthcare - Revised Edition (Paperback)

By David W Tanton, Phd Dr David W Tanton

Soaring Heights Pub., United States, 2006. Paperback. Book Condition: New. Revised ed.. 287 x 213 mm. Language: English . Brand New Book ***** Print on Demand *****.In his first of several books in The Soaring Heights Series, Dr. David W. Tanton, Ph.D. speaks from a wealth of experience and decades of research in the area of disease prevention and longevity, using only natural supplements and therapies. A Drug-Free Approach To Healthcare - Disease Prevention Not Symptoms Suppression (now in its 2007 Revised Edition) provides in-depth explanations, (not just generalities), and most importantly, in simple terms that we can all understand. Dr. Tanton explains the many risks associated with some of the most widely prescribed medications on the market, and points out how many critical nutrients each medication depletes as well. Dr. Tanton explores natural plant and herbal extracts that contain a variety of benefits that have been proven to provide an overall increase in health and energy levels, as well as a much greater potential for longevity and quality of life. Combining these holistic methods, Dr. Tanton is able to provide preventative measures and remedies for 18 common health ailments, including high blood pressure, high cholesterol, acid reflux disease,...



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A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

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