



## Redundant: An Emotional and Spiritual Journey Through Redundancy (Paperback)

By Brian Keith

i2i Publishing, United Kingdom, 2014. Paperback. Book Condition: New. 200 x 138 mm. Language: N/A. Brand New Book. Over four million people in the UK have been made redundant since the onset of the Global Financial Crisis. Brian Keith did not expect to be one of them - he had recently been promoted to an executive role in a fast expanding international bank, receiving glowing performance reviews and increased responsibility. Things were looking up - until the day his boss suddenly announced he was retiring. One week later Brian was made redundant. With six children to support, a mortgage to pay and a self-image and dog to worry about, Brian sets out trying to make psychological and spiritual sense of his situation. What follows is the searingly honest account of his personal journey as he comes to realise that more important than finding a job, Brian must find himself. Prompted by what he learns from his remarkable wife and a fascinating cast of friends, guides, memories and characters, Brian looks deeply inwards, challenging many of his own beliefs and assumptions about his career, leading to a profoundly new understanding of himself and the implications of being made redundant. Ultimately, Brian's story teaches us that rather than being something to fear, redundancy can provide the catalyst for...



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