



The Introverted Leader (Large Print 16pt)

By Jennifer B. Kahnweiler

ReadHowYouWant. Paperback. Book Condition: New. Paperback. 228 pages. Dimensions: 9.9in. x 6.9in. x 0.6in. Offers a straightforward four-step process for succeeding in the extroverted business world; Includes a unique Introverted Leader Quiz to help you get started; Filled with inspiring personal stories. In our outgoing, type A business culture, introverts can feel excluded, overlooked, or misunderstood, their reticence mistaken for reluctance, arrogance, or even lack of intelligence. But Jennifer Kahnweiler shows that not only can introversion be managed, it can even be a source of strength. Ask Bill Gates and Warren Buffett, two of the leaders she cites as shy introspectives who have developed ways to thrive in a challenging environment. It is estimated that as many as 40 per cent of executives are introverted to at least some extent. Based on conversations with over 100 of these men and women, Kahnweiler lays out a progressive four-step strategy for succeeding in an extroverted world. First, preparation: carefully devise a game plan for any potentially anxiety-producing situation. Then presence: knowing that you're prepared, be completely focused on the present moment or activity. Next, push: with a firm foundation of preparation and presence, go beyond your comfort zone. And finally, practice, practice, practice....



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